



Western Suburbs Radio Club Inc.

February 2014 Newsletter

ZL1AC, Branch 03 NZART 3000 Great North Road New Lynn,
PO Box 15-122 New Lynn WAITAKERE 0640

President: Ian Sangster ZL1RCA, Vice President – Grant Manning ZL1GSM.

Secretary: Roy Milam ZL1WI. Newsletter Editor – John Neill ZL1NE

VHF Club Net Wednesday 07:30pm 146.525 MHz,

HF Club Net Fridays 07:30pm 3.650 MHz

Website <http://www.qsl.net/zl1ac>

Club Calendar

Saturday	15 th	February	Committee Meeting 09:00 am
Saturday	15 th	February	Club Meeting – Unitary Plan Presentation 10:00 am
Tuesday	25 th	February	AREC Section Meeting WSRC 7:30 pm
Saturday	22 nd	February	HF Field Day
Sunday	23 rd	February	HF Field Day
Saturday	22 nd	March	Committee Meeting 9:00 am
Saturday	22 nd	March	Club Meeting 10:00 am
Saturday	29 th	March	Hillary Challenge Communications
Saturday	26 th	April	Committee Meeting 9:00 am
Saturday	26 th	April	Club Meeting 10:00 am – Annual General Meeting
Saturday	24 th	May	Committee Meeting 9:00 am
Saturday	24 th	May	Club Meeting 10:00 am

February Meeting

Note that the meeting date is a week early because of Field Day falling on the normal meeting Saturday. The February Meeting will be a presentation on the Auckland Council Unitary Plan and how this plan may effect Amateur Radio Operators. The presentation will be by Douglas Birt ZL1BFS. Normally Douglas is assisted by Vaughan Henderson but unfortunately Vaughan has to attend an NZART meeting and is therefore unavailable. Below is the latest Unitary Plan Update Bulletin for your information.

Unitary Plan Update

4 February 2014

Presentations to Branches.

The next branch presentation will be to Western Suburbs Branch 03, at 3000 Great North Road on Saturday 15 March at 10:00am.

A very lively Branch Meeting was held at North Shore on Monday 3rd February, with plenty of good feedback. The meeting previous to that was at Musick Point on Sunday 12 January and at that meeting it became evident that some people did not realise that if the Unitary Plan permits something (like antennas up to a certain height) then they may be constructed/erected without any further Resource Consent action – that is, neither the neighbours nor Council Planners can prevent it. In effect the amateur would have as much right to put up an aerial as the neighbour has to put up a car port or a clothes line.

That is NOT the case with the Notified Unitary Plan as it stands – and we want to change that.

Steering Group.

The Steering Group has completed its discussions in the proposed Submission, and the draft can be found on the VHF Website at www.qsl.net/zl1bq Once the website is opened, click the top right hand title which says CLICK HERE TO VIEW THE AUCKLAND UNITARY PLAN SUBMISSION WEBPAGE

Progress Update

The Draft Submission is a PDF Document which may be read on screen or downloaded. The submission is in three parts: Part A (9 pages) is the Submission itself, Part B is supporting information (16 pages). Part C (which contains many separate attached files) is in a separate folder. People who have only dial-up internet access may like to download Parts A & B only, as these cover the main issues and are not too large.

The submission is open to amateurs or Branches for suggestions/input. Thank you to those who have already provided some feedback. Please email any thoughts or considerations to kdbirt@gisborne.net.nz, but do so promptly as we are keen to submit to Auckland Council as soon as possible.

The submission is also being referred to the Lawyer whom President Vaughan has engaged to check legal aspects.

In a 4th folder in the ZLIBQ website at a later date there will be some information about submissions which it is hoped amateurs and other interested people will send to Auckland Council as supporting submissions to the main NZART one. There is, however, a question about the date that supporting submissions are required, and information/dates will be sent out as soon as the Steering Group gets this information.

It is requested please that supportive submissions be held back until the main NZART submission has been accepted by Auckland Council, and a Submission number is issued. We'll let you know in a future Update.

Project Timetable.

- 1) Visit Branches and present NZART's position during November and December 2013. (*Nearly completed*)
- 2) Form a Steering Group and a Branch Contact List by 1 December 2013. (*Completed*)
- 3) Between 1 December and mid-January 2014, the Steering Group will draft the NZART submission, and will progressively circulate this to the Branch Contact List seeking branch comment. (*Completed*)
- 4) By Mid-January 2014, send the formal complete second draft to Branches for final input. (*Now available on the qsl.net/zlibq website*)
- 5) By ~~1 February~~ 10 February 2014, formally send NZART's Submission to Auckland Council, with copies to Branches and all other persons who have registered their interest.
- 6) By ~~1 February~~ 14 February 2014, send to Branches and interested persons some sample Submission Forms.
- 7) By ~~28 Feb 2014~~, a date which will be notified in a future Update, NZART Branches, and in fact all licensed Amateurs, and any other interested parties, are encouraged to send in supporting submissions to Auckland Council. NZART wants all amateurs (wherever they might live in the country) to make as much supporting noise as possible.

Douglas Birt ZLIBFS
NZART Deputy Liaison Officer to Local Government
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Mobile 027 492 5189

AREC

We have been asked to provide communication for the Hillary Challenge. This is a running race through the Waitakere Ranges. It starts at the Arataki Information Centre at 6:00 am and then proceeds to Muriwai via Huia, Whatipu, Karekare, Piha, Bethels and Constable Road. Around 80 kilometres in all. There are shorter runs starting at Piha and Bethels later in the day and all ending at Muriwai. The event is on the 29th March and we need operators to help out. In the first instance we are trying to get operators from within Western Suburbs Radio Club. We will need to do some testing of radio links prior to the event as the Waitakere Ranges are difficult for radio communications due to the steep terrain. If you are interested in helping please contact Merv on 09 828 7174 or John on 09 828 5891.

The next AREC Section Meeting is on the 25th February at 7:30 pm at the Club, 3000 Great North Road and there is an AREC Section Leaders Meeting at Branch 66 at 7:30 pm on the 20th February.

HF Field Day

This year we will be going to Sapich Vineyard at 150 Forrest Hill Rd for the Field Day. This is the same site as we have used for the last few years.

The field day competition enables amateurs to set up a remote radio station powered by batteries, a generator or any other means other than mains electricity. The importance for this is being prepared for communications duties should a national disaster occur and mains electricity not be available and amateurs needing to pass messages for the general public.

Communications are made on phone and CW (Morse Code) to give amateurs practice in sending and receiving in both modes. Contacts during field day are made using the 80 and 40 metre bands. The contest runs Saturday afternoon and evening and Sunday morning to mid-afternoon. Full contest rules can be found at:

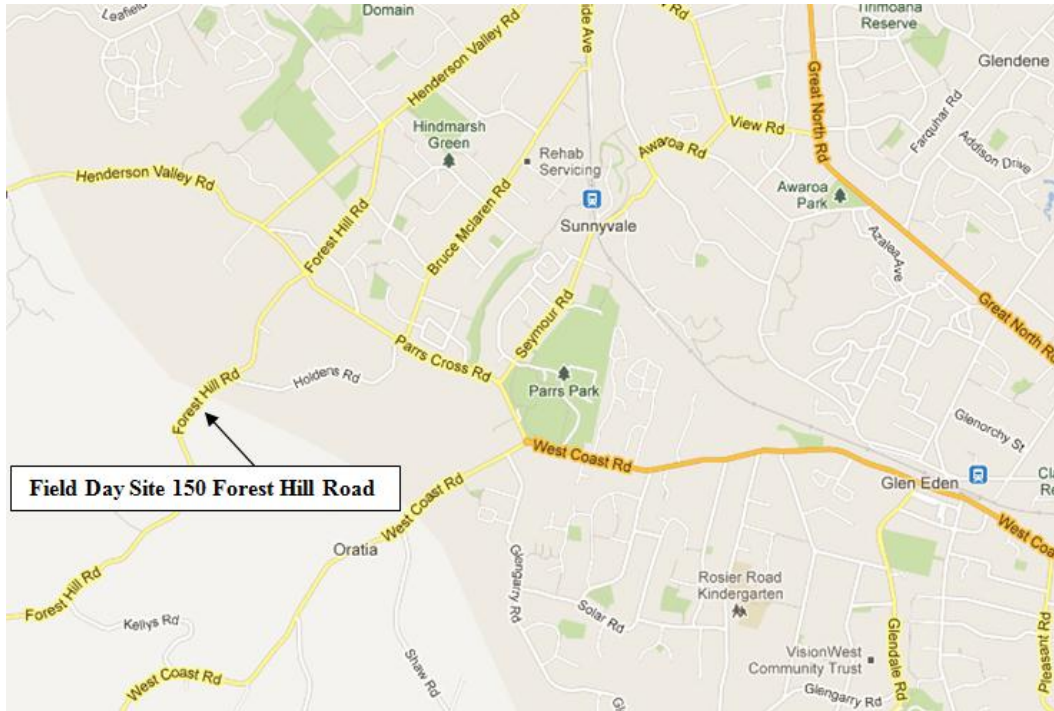
<http://www.nzart.org.nz/activities/contest-rules/rules-jock-white-field-day/>

The club will have two tents for the activity and it will be possible to sleep over in these tents if you wish. Otherwise you may wish to bring your own tent, campervan, or sleep in the back of the station wagon. The site is not too far out of town and it will be possible to go home for the night if you wish.

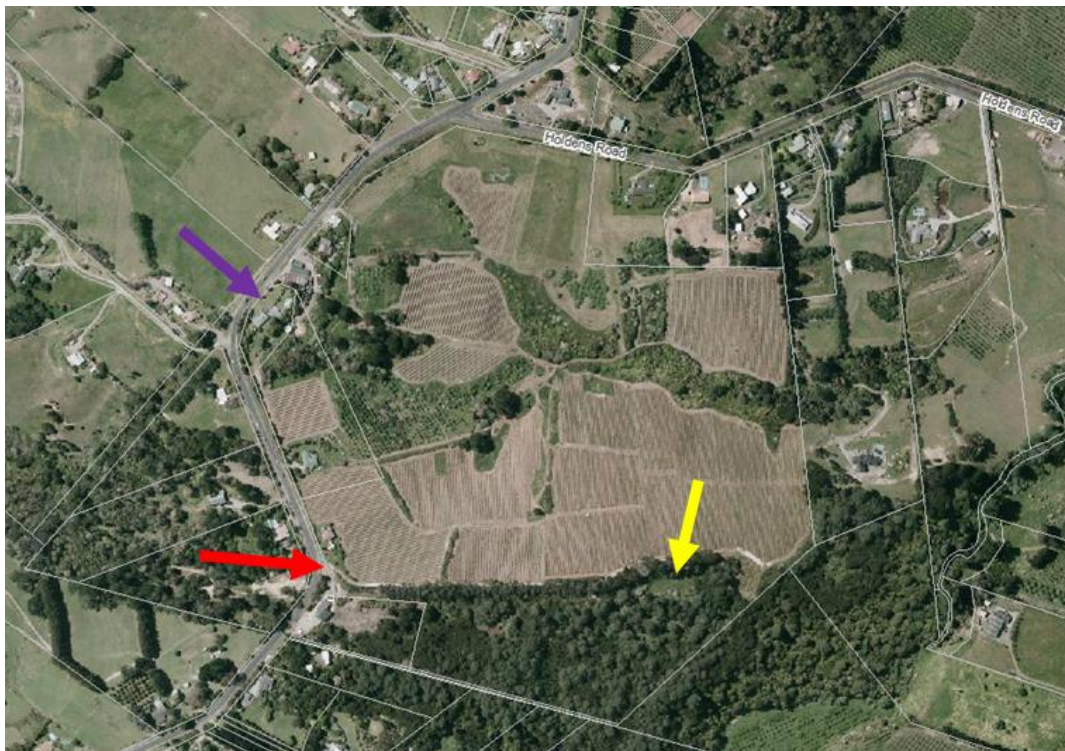
You do not need to spend the whole weekend on site. If you can only spare a few hours then you are most welcome to come for the time you can manage.

If you would like to be involved with this activity, then please contact either:

- Ian Sangster on 09 814 9597 or
- Grant Manning on 021-173 1856.



Location Map of the Field Day Station Site



The entrance in Forest Hill Road, Oratia is shown by the red arrow and the site is at the yellow arrow. The vineyard buildings are at the purple arrow.

Club Nets

VHF Net 146.525 MHz 7:30pm every Wednesday, HF Net 3650 KHz +/- QRM/QRN 7:30pm every Friday. All are welcome to check in on the nets.

The HF Net roster is opposite. The full HF Net roster can be found on:

<http://www.qsl.net/zl1ac/wsrc-hf-roster.pdf>

7-Feb-14	ZL1RCA	Ian
14-Feb-14	ZL1MW	Brian
21-Feb-14	ZL1WI	Roy
28-Feb-14	ZL1NE	John
7-Mar-14	ZL1RCA	Ian
14-Mar-14	ZL1MW	Brian
21-Mar-14	ZL1WI	Roy
28-Mar-14	ZL1NE	John
4-Apr-14	ZL1RCA	Ian
11-Apr-14	ZL1MW	Brian
18-Apr-14	ZL1WI	Roy
25-Apr-14	ZL1NE	John

First Aid – something to think about.

A couple of years ago when I did a first aid refresher course I was told the chest compressions on CPR (cardiopulmonary resuscitation) had gone up from 15 to 30. This time when I did it the class, was told the Japanese government, said "because of bird flu, aids and all the other things, there is to be no more lip to lip contact while doing CPR".

Then they found the survival rate went up for people requiring CPR. So now, you do not start CPR by breathing into the mouth and watching the chest rise, you do that after the 30 chest compressions.

The tutor asked "If you saw another person fall to ground that looked like a medical issue, would you rush to assistance?" the class of about 15 male students did not rush to offer a comment, after a short time the first person said "No, you might get sued"

It made me think "just how confident do we think about our first aid training?" this was a two hour class, I have done an all-day course at St Johns and Red Cross. At one morning tea someone said "Come on choke someone choke"

The tutor went on to say how he saw a TV program, how an actor would fake a medical condition, only to be ignored by lots of passer-buys for as long as 20 minutes. I wonder what percentage of the population have done first aid and feel confident they could give first aid assistance to someone who just collapsed to the footpath.

The tutor also said, "In the next two hours before the end of the class, due to statistics someone was going to die of a coronary, I am glad to say we all got out of the class alive.

By the way talking of choking.

At first aid classes, we have been told to thump someone on the back (while they are sitting or standing) Then there is the Heimlich manoeuvre (abdominal thrust) at one class a tutor said Heimlich manoeuvre is not preferred as it might/has caused broken bones and/or organ damage, however we still get re-taught it at later classes by other tutors. From watching a German made TV program called "In Good Shape" <http://www.dw.de/program/in-good-shape/s-11938-9798> they showed one technique I have never been told at any first aid classes, That is to put the victim over your knee while you are sitting and thump them on the back, and use gravity to help the food or object come out.

From Eric