LRL CONT	ESTS - S	STANDARD LOG	FORM		CONTEST NAME:				PAGE: OF COPIES				
DPERATOR NAME: (PRINT)					CALL:				SIGNATURE:				
COMPLETE ADDRESS:									ARRL SECTION/VE/COUNTRY:				
DATE (UTC) MODE:					POWER: YL CLUB:					YLRL MEMBER? Y/N			
					EXCHANGE								
				SENT		RECEIVED							
TIME	(UTC)	BAND USED	STATION WORKED	RS(T)	QSO#	RS(T)	QSO#	ARRL SECTION VE PROVINCE COUNTRY	YLRL Y/N	MISCELLANEOUS, NAME, ETC	MULTIPLIERS	POINTS	OPERATING BREAKS
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