

**JFK 50 MILE RUN**  
**SUPPORT TEAM DIRECTIONS**

**To Boonsboro High School From the Baltimore and Annapolis Area**

Take RTE 695 West to EXIT 16 which is RTE 70 West heading towards Frederick. Take 70 West to EXIT 49 (turn left at the end of the exit ramp) which is ALT RTE 40 heading towards Braddock Heights/Middletown. Follow ALT RTE 40 to Boonsboro High School which is on the right at the junction of ALT RTE 40 and MD RTE 66.

**Support Stop #1 - South Mountain - MILE 3.0**

Leave Boonsboro High School and turn LEFT onto ALT RTE 40(east). Follow ALT RTE 40 about three miles to the "Old South Mountain Innt" (it is on the right side of the road). Runners enter the woods here and this is the first support stop.

**Support Stop #2 - Crampton Gap - MILE 9.7**

Turn LEFT onto ALT RTE 40(west) from the "Old South Mountain Inn" parking lot. Turn LEFT onto RTE 67(south) towards Harpers Ferry. Go about seven miles and turn LEFT onto GAPLAND ROAD (you will see the Crampton Gap sign on the right). Follow Gapland road to Crampton Gap. There is a parking area with picnic tables and restrooms on the left in front of the arch/memorial. This is the second support stop.

**Support Stop #3 - Weaverton Cliffs - MILE 15.9**

Follow GAPLAND ROAD back to RTE 67 and turn LEFT onto RTE 67. Proceed about three miles and turn LEFT at the WEAVERTON SIGN (just before the RTE 340 intersection). Go to the yield sign, this is where the runners exit the Appalachian Trail. Park in this area (there is a church parking lot to the right). This is the third support stop.

**Support Stop #4 - Sandy Hook - MILE 18.4**

Go back to RTE 67 and turn LEFT onto RTE 67. Turn RIGHT onto RTE 340W (west). Follow RTE 340W a short distance until you see a sign for Sandy Hook and turn LEFT at the sign! You will find yourself on KEEP TRYST ROAD! Bear to the LEFT and take the first RIGHT onto HARPERS FERRY ROAD/SANDY HOOK. Proceed until you reach HOFFMASTER ROAD and park around here somewhere! This is the first support stop on the tow path.

**Support Stop #5 - Dargan Bend - MILE 22**

continue north on HARPERS FERRY ROAD. Turn LEFT onto BAC~ ROA~ and proceed to the "DARCAN BEND". parking area (on the left). Second tow path stop.

**Support Stop #6 - Antietam - MILE 27.3**

Go LEFT onto BACK ROAD from the parking area. Proceed STRAIGHT when you come to a stop sign. Turn LEFT onto DARCAN SCHOOL ROAD at the next stop sign turn LEFT onto HARPERS FERRY ROAD. Go about 1/4 mile and turn LEFT onto LIMEKILN ROAD. Follow Limekiln road until it ends at Harpers Ferry road. Proceed STRAIGHT onto HARPERS FERRY ROAD. Turn LEFT onto CANAL ROAD. Proceed to the Antietam Creek ranger station. Park around here where you have access to the tow path.

**Support Stop #7 - Shephardstown Bridge MILE 30.7**

Continue along CANAL ROAD, go under the black railroad bridge and proceed about another 1/4 mile to the parking area at the end. Another tow path support stop!

**Support Stop #8 - Snyders Landing MILE 34.4**

Leave the parking area and go UP the HILL. At the stop sign, turn RIGHT onto RTE 34 towards Sharpsburg. In Sharpsburg, turn LEFT onto N. POTOMAC (it's just past the school!). Turn LEFT onto CHAPLINE STREET. Turn RIGHT onto SNYDERS LANDING ROAD and proceed 1.3 miles to Snyders Landing. Parking on the right.

**Support Stop #9 - Mondell MILE 38**

Retrace your route to Sharpsburg (SNYDERS ROAD, LEFT onto CHAPLINE STREET) and turn LEFT onto MONDELL ROAD (Mechanic Street is on the right). Go LEFT at the FORK in the road, bear LEFT again onto BOWIE ROAD and proceed to the stop sign at Bowie Road & Taylors Landing Road. Park around here, you will see a foot bridge to the tow path!

**Support Stop #10 - Dam #4, Tow Path Exit MILE 42.1**

Continue forward on TAYLOR LANDING ROAD. At the Stop sign, turn LEFT onto WOBURN ROAD. Follow Woburn road to the end and turn LEFT onto DAM #4 ROAD. Follow Dam #4 road 1.3 miles, park on the left in front of the white building across from the PEPSI machine. Survivors will be coming up the hill from the tow path. .

**\*NOTE: FROM .HERE TO THE FINISH THE RUNNERS MAY NEED SUPPORT EVERY MILE, BUT AT THE VERY LEAST, PROCEED TO THE NEXT TWO OFFICIAL SUPPORT STOPS!**

**Support Stop #11 - Downsville MILE 46.2**

Follow DAM #4 ROAD to Downsville and at the stop sign turn LEFT onto RTE 63 North. Stop at the "AERIAL PARTS EXCHANGE" building (light green building on the right side of the road).

**Support Stop #12 - Traffic Light Area MILE 48**

Continue on RTB '3 North, stop on the side of the road right before the traffic light (this is the last support stop).

**DIRECTIONS TO THE FINISH LINE - SPRINGFIELD MIDDLE SCHOOL**

At the traffic light, turn LEFT onto RTE 68 WEST. At the flashing yellow light turn RIGHT onto SUNSET AVE. GO STRAIGHT at the traffic light. The FINISH LINE is in front of SPRINGFIELD MIDDLE SCHOOL.