CQ.  CQ.  CQ.  THIS IS A STERLING PARK AMATEUR RADIO CLUB NET.  
  
THIS IS **(call sign)**, NET CONTROL FOR THIS SESSION OF THE NET.  MY NAME IS **(name)** AND I’M LOCATED AT THE HERNDON FESTIVAL 10K/5K RACE FINISH LINE AT THE HERNDON COMMUNITY CENTER.  
  
THIS IS A DIRECTED NET, SO PLEASE GO THROUGH NET CONTROL TO CONTACT ANOTHER STATION.  
  
THE PURPOSE OF THIS NET IS TO SUPPORT THE HERNDON FESTIVAL 5/10k RACES.  
  
STATIONS CHECKING IN, PLEASE GIVE YOUR CALLSIGN, NAME, AND LOCATION.  
  
NOW, WE’LL TAKE CHECKINS FROM THE RACES UPPORT STATIONS. WE WILL PROCEED IN ORDER OF MILESTONE MARKERS WITH 10k FOLLOWED BY 5k STATIONS.  
  
WE WILL START WITH 10k MILESTONE 1. ARE YOU READY TO CHECKIN?

<PROCEED THROUGH ALL CHECKINS>  
  
  
  
AT THE END OF THE RACE, WHEN ALL STATIONS HAVE CHECKED OUT.  
  
WE’LL CLOSE THIS NET SESSION. THE STERLING PARK AMATEUR RADIO CLUB WISHES TO THANK ALL STATIONS THAT CHECKED IN.

WE HOPE TO SEE YOU AT THE CLUB MEETING THIS COMING WEDNESDAY.  
  
THIS IS (*CALL SIGN*) CLOSING THE NET.