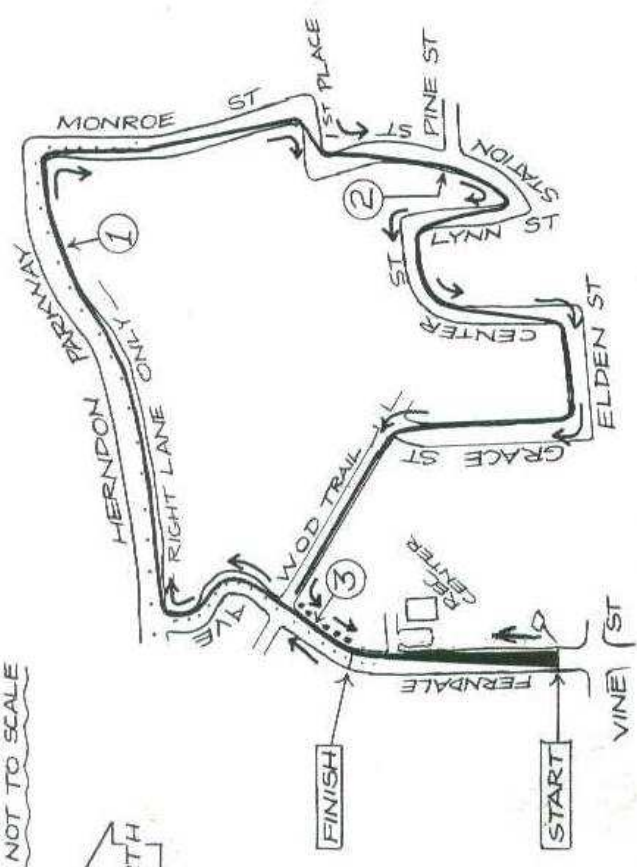


USATF-CERTIFIED
 COURSE
 VA-03020-RT

HERNDON 5K
 HERNDON, VIRGINIA

MAP NOT TO SCALE



LOCATIONS

- START: FERNDALE, AT "SPEED LIMIT 25" SIGN, 110 FT N OF VINE ST
 1 MILE: HERNDON PKWY ~200 Y BEFORE MONROE ST, ~25 FT PAST BEGINNING OF LAST MEDIAN ISLAND BEFORE MONROE; 15 FT PAST STORM DRAIN ON RIGHT.
 2 MILES: STATION ST, EVEN WITH NORTH EDGE, PINE ST, MARKED AT S EDGE OF CROSSWALK OFF ZEFFIRELLI REST.
 3 MILES: FERNDALE, 177 FT S OF WOOD TRAIL; 60 FT S OF GUARDRAIL.
 FINISH: 126 FT NORTH OF N EDGE, REC CTR ENTRANCE.
 --> NOTE: POINTS MARKED WITH LETTER "F".

ROAD RESTRICTIONS:

- 1) FERNDALE (N OF REC CTR): EAST SIDE ONLY
- 2) HERNDON PKWY: RIGHT-HAND LANE ONLY