

USATF-CERTIFIED
 COURSE
 VA-03019-RT



KEY

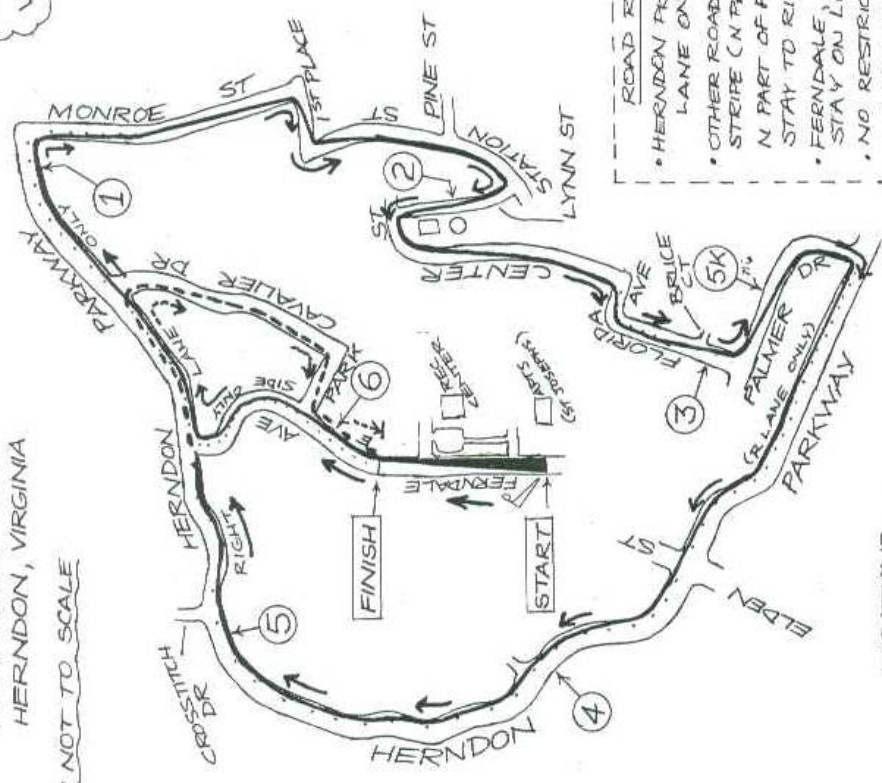
- RUNNERS PATH** (solid line)
- FINISH PATH FROM HERNDON PKWY/FERNDALE TO FINISH** (dashed line)

ROAD RESTRICTIONS:

- HERNDON PKWY: RIGHT-HAND LANE ONLY.
- OTHER ROADS WITH CENTER STRIPE (N PART OF MONROE, N PART OF FLORIDA, FERNDALE): STAY TO RIGHT.
- FERNDALE, PATH TO FINISH: STAY ON LEFT (E SIDE).
- NO RESTRICTIONS WHERE NO CTR STRIPE
- EXCEPTIONS TO R-HAND SIDE RULE (WITH CTR STRIPE):
 - CENTER ST - ENTIRE RD AVAILABLE
 - FINISH ON FERNDALE: STAY TO LEFT.

HERNDON 10K
 HERNDON, VIRGINIA

MAP NOT TO SCALE



LOCATIONS

- START: FERNDALE, 120 FT S OF SOUTH DRIVEWAY LEADING TO REC CTR; 4 FT S OF LIGHT POLE "MK 50" ON W SIDE; ~EVEN W ARTS ON R.
- 1.MI: 40 YDS BEFORE MONROE; 19 FT BEF ST/DRAIN BRICK CROSSWALK; 4 FT N OF EXTENDED CENTERLINE OF PINE ST.
- 2.MI: OPP ENTR, #765 LYNN ST ON L; 32 FT BEF BRICK CROSSWALK; 4 FT N OF EXTENDED CENTERLINE OF PINE ST.