

Ch.	Rx Freq.	Tx Freq.	PL	Call	Location	Comments	Signal
	440.000	445.000				shared non-protected pair	
	440.025	445.025				reserved for cross-band operation	
	440.050	445.050					
	440.075	445.075	103.5	N7OEP			
	440.100	445.100					
	440.125	445.125					
	440.150	445.150					
	440.175	445.175	103.5	KA7FMC	Mercer Island	Mercer Island Am. Emergency Net	
	440.200	445.200					
	440.225	445.225	103.5	WR7HE	Olalla		
	440.250	445.250					
	440.275	445.275	103.5	WA7NAN	Shoreline	closed repeater	
	440.300	445.300	103.5	KC7ONX	Shoreline	<b>Shoreline primary</b>	
	440.325	445.325					
	440.350	445.350	103.5			<b>Mercer Island primary</b>	
	440.375	445.375					
	440.400	445.400					
	440.425	445.425					
	440.450	445.450					
	440.475	445.475					
	440.500	445.500					
	440.525	445.525					
	440.550	445.550					
	440.575	445.575					
	440.600	445.600	103.5	AA7SS	Bremerton	closed repeater	
	440.625	445.625	103.5	W7DK	Sarpole Hill	Radio Club of Tacoma	
	440.650	445.650	100.0	K7CH			
	440.675	445.675					
	440.700	445.700		N7ENT	Port Orchard	packet repeater	
	440.725	445.725		KB7LE	Olympia	packet repeater	
	440.750	445.750		N7WE	Bremerton	packet repeater	
	440.775	445.775				reserved for packet repeater	
	440.800	440.800				reserved for packet simplex	
	440.825	440.825				reserved for packet simplex	
	440.850	440.850				reserved for packet simplex	
	440.875	440.875				reserved for packet simplex	
	440.900	440.900				reserved for packet simplex	
	440.925	445.925					
	440.950	445.950	103.5	KI7BB	Bainbridge Island	Bainbridge ARC	
	440.975					simplex	
	441.000					national packet simplex frequency	
	441.025					simplex	
	441.050	446.050	103.5	KC7MAP	Camano Island	Stanwood-Camano Isl. ARC	
	441.075	446.075	103.5	AA7UJ	Kirkland		
	441.100	446.100	156.7	K7AAE	Woodinville	<b>Woodinville, Redmond secondary</b>	
	441.125	446.125		K7PP	W. Tiger Mountain	closed repeater	
	441.150	446.150					
	441.175	446.175					
	441.200	446.200	123.0	K7PP	Buck Mountain	closed repeater	
	441.225	446.225					
	441.250	446.250		K7PP	Issaquah	closed repeater	
	441.275	446.275	110.9	W7HR	Bremerton		
	441.300	446.300		K7PP	Baw Faw		

Ch.	Rx Freq.	Tx Freq.	PL	Call	Location	Comments	Signal
	441.325	446.325	114.8	KA7ZEM	Port Townsend		
	441.350	446.350					
	441.375	446.375	103.5	WA7NTF	Gold Mountain		
	441.400	446.400	103.5	NT7H	Crawford Mountain	Olympia ARS	
	441.425	446.425	103.5	N7ENT	Port Townsend		
	441.450	446.450					
	441.475	446.475	103.5	N7CHN	Kirkland	<i>Kirkland secondary</i>	
	441.500	446.500					
	441.525	446.525					
	441.550	446.550					
	441.575	446.575	103.5	N7PL	Port Ludlow	Port Ludlow ARC	
	441.600	446.600					
	441.625	446.625					
	441.650	446.650	---	VE7MFS	Vancouver		
	441.675	446.675					
	441.700	446.700	114.8	N3EG	Longview		
	441.725	446.725					
	441.750	446.750					
	441.775	446.775	103.5	K7CHV	Issaquah		
	441.800	446.800	141.3	W7AW	W. Seattle	West Seattle ARC, <i>Seattle secondary</i>	
	441.825	446.825					
	441.850	446.850					
	441.875	446.875	103.5	KB7RZZ	Lynnwood		
	441.900	446.900	173.8	KB7RII	Tacoma		
	441.925	446.925	100.0	W7UVH	North Mountain		
	441.950	446.950	103.5	KC7MAP	Jim Creek	Stanwood-Camano Isl. ARC	
	441.975	446.975	---	VE7UBC	Vancouver	Univ. of BC ARC	
	442.000	447.000					
	442.025	447.025	156.7	W7WWI	Cougar Mountain		
	442.050	447.050	114.8	KA7PMC	Green Mountain		
	442.075	447.075	110.9	K7NWS	W. Tiger Mountain	BEARS, <i>Boeing secondary</i>	
	442.100	447.100	---	N7EHY	Blyn Mountain (Sequim)		
	442.125	447.125	114.8	N3EG	Longview		
	442.150	447.150	103.5	K7LWZ	North Bend		
	442.175	447.175					
	442.200	447.200					
	442.225	447.225	---	VE7MMA	Vancouver		
	442.250	447.250					
	442.275	447.275	103.5	WA7NAN	Mt. Erie		
	442.300	447.300	103.5	WA7NAN	Tiger Mountain		
	442.325	447.325	131.8	W7MMI	Cougar Mountain		
	442.350	447.350	141.3	W7MYR	Graham	closed repeater	
	442.375	447.375					
	442.400	447.400	103.5	W7UMH	Lyman Hill		
	442.425	447.425	103.5	K7CHV	Maynard Hill		
	442.450	447.450	103.5	KE7LE	Tacoma		
	442.475	447.475	100.0	WC7I	Lacey		
	442.500	447.500					
	442.525	447.525	103.5	WR7V	Matts Matts		
	442.550	447.550					
	442.575	447.575					
	442.600	447.600	---	VE7RNA	Chemainus		
	442.625	447.625	---	W7NTF			

Ch.	Rx Freq.	Tx Freq.	PL	Call	Location	Comments	Signal
18	442.650	447.650	103.5	WW7RA	Gold Mountain	W. WA Repeater Ass'n	
	442.675	447.675					
	442.700	447.700					
19	442.725	447.725	103.5	KB7BJE	Edmonds		
20	442.750	447.750	103.5	W7UMH	Mt. Constitution		
21	442.775	447.775	100.0	WA7TZY	Woodinville	<b>Fire Zone 1 secondary</b>	
22	442.800	447.800	103.5	N7NFY	Stevens Pass	Snohomish ARES	
	442.825	447.825	103.5	WB7AHT	Seattle		
	442.850	447.850	141.3	W7MYR	Puyallup	closed repeater	
	442.875	447.875	---	VE7TEL	Vancouver	packet repeater	
23	442.900	447.900	103.5	WA7LZO	Seattle		
	442.925	447.925	103.5			<b>Fire Zone 4 secondary</b>	
24	442.950	447.950	103.5	KA7GZR	Federal Way		
25	442.975	447.975	103.5	W7ERH	Clearview	<b>Snohomish secondary</b> (also 123.0)	
26	443.000	448.000	141.3	W7ACS	Seattle	shared non-protected pair, <b>Sea. sec.</b>	
27	443.025	448.025	110.9	N7NVP	Bremerton		
28	443.050	448.050	103.5	KA7PMC	E. Tiger Mountain		
	443.075	448.075					
	443.100	448.100					
29	443.125	448.125	110.9	N7UMO	Rattlesnake Mountain		
	443.150	448.150	107.2	N7EHP	Tacoma		
30	443.175	448.175	107.2	N7SNK	Baldi Mountain		
31	443.200	448.200	103.5	WS7K	Kirkland	Puget ARS	
	443.225	448.225	103.5	K7MJ	Monroe		
	443.250	448.250					
	443.275	448.275	186.2	KB7WYL	Sumner		
	443.300	448.300	103.5	WA7NAN	Tiger Mountain		
	443.325	448.325	127.3	WR7JM	E. Tiger Mountain		
32	443.350	448.350	103.5	KA7BZA	Everett		
33	443.375	448.375	---	N7IO			
	443.400	448.400		K7PP	Lyman Hill, Gold Mtn.	closed repeaters	
	443.425	448.425	---	VE7TEL	Vancouver	packet repeater	
	443.450	448.450	103.5	W7JPH	Lake Forest Park		
34	443.475	448.475	---	NN7N	Lake Stevens	Soper Hill ARC	
	443.500	448.500					
35	443.525	448.525	173.8	WB7DPF	Capital Peak		
36	443.550	448.550	103.5	W7SRZ	Seattle	<b>Med. Services secondary</b>	
	443.575	448.575	100.0	KAØSSF	Federal Way		
	443.600	448.600	103.5	N7KP	Renton	King Co. SAR	
37	443.625	448.625	103.5	KC7JM	White River	Puget ARS	
38	443.650	448.650	141.3	W7ACS	Seattle	Seattle ACS	
39	443.675	448.675	103.5	KC7TD	Green Mountain		
40	443.700	448.700	103.5	WA7EBH	Cougar Mountain	<b>King Co. SAR, Bellevue 911 sec.</b>	
41	443.725	448.725	127.3	WA7NUU	Mountlake Terrace	<b>ESCA secondary</b>	
	443.750	448.750	103.5	W7ISX	Toad Mountain	Mount Baker ARS	
42	443.775	448.775	103.5	WA7VNP	Cougar Mountain	Seatac RA	
	443.800	448.800					
	443.825	448.825	88.5	N7WGR	Tacoma		
	443.850	448.850	127.3	WB7DPF	Bremerton		
43	443.875	448.875	103.5	W7UFI	Jim Creek	Snohomish ARES	
	443.900	448.900	103.5	K7NWS	W. Tiger Mountain	packet, Boeing Employees ARS	
44	443.925	448.925	100.0	W7FLY	Mukilteo	Boeing Employees ARS	
	443.950	448.950	---	VE7RTC	Victoria		

Ch.	Rx Freq.	Tx Freq.	PL	Call	Location	Comments	Signal
	443.975	448.975	151.4	K7MXE	Pack Forest		
	444.000	449.000					
45	444.025	449.025	103.5	KB7GT	Mountlake Terrace		
46	444.050	449.050	103.5	K7SKW	Mt. Constitution	Mt. Baker ARS	
	444.075	449.075	---	VE7TOK	Vancouver		
47	444.100	449.100	100.0	WA7ATJ	Anderson Island		
	444.125	449.125	114.8	K7WF	Mt. Brynion		
48	444.150	449.150	100.0	W7GVJ	Seattle		
	444.175	449.175	103.5	K7HW	Tacoma		
49	444.200	449.200	100.0	K7MLR	Ft. Lawton		
50	444.225	449.225	123.0	KC7LFW	Redmond		
51	444.250	449.250	141.3	WR7JM	Electron		
	444.275	449.275	110.9	KA7JUR	Mt. Jupiter		
52	444.300	449.300	103.5	WA7WKT			
	444.325	449.325	100.0	WA7VHK	Seattle		
53	444.350	449.350	100.0	WA7USJ	Buck Mountain		
	444.375	449.375	103.5	K7YR	Issaquah		
	444.400	449.400	103.5	WA7NAN	Issaquah		
	444.425	449.425	103.5	WA7NAN	Tacoma		
54	444.450	449.450	100.0	W7UVH	North Mountain		
	444.475	449.475					
55	444.500	449.500	103.5	WA7ZUS	Lyman Hill		
56	444.525	449.525	103.5	N7KGJ	Squak Mountain	<b>King Co. SAR &amp; EOC sec.</b>	
	444.550	449.550	---	VE7SLC	Victoria		
	444.575	449.575	103.5	WA7LAW	Everett	Snohomish Co. Ham Club	
	444.600	449.600	100.0	KA7DNK	Aberdeen		
	444.625	449.625					
57	444.650	449.650	131.8	WA7HTJ	Tiger Mountain	<b>King Co. SAR primary</b>	
58	444.675	449.675	127.3	N7BUW	Graham		
59	444.700	449.700	103.5	WA7QIH	Seattle		
	444.725	449.725	173.8	WB7UFR	Mountlake Terrace		
60	444.750	449.750	192.8	KB7CNN	Tacoma		
	444.775	449.775	110.9	W7JP	Poulsbo		
61	444.800	449.800	103.5	K7OET	Green Mountain		
62	444.825	449.825	103.5	W7SRZ	Finn Hill	<b>Med. Services N. secondary</b>	
	444.850	449.850	114.8	N7JXD	Mt. Pleasant		
	444.875	449.875	---	VE7VIC	Victoria		
63	444.900	449.900	146.2	WA7RUE	Woodinville		
	444.925	449.925	103.5	WQ7A	Yelm		
	444.950	449.950		KA7GZR	Federal Way		
	444.975	449.975	110.9	KB7WVX	Rooster Rock		
	445.800						
	445.825						
64	445.850				<b>Kirkland tactical</b>		
	445.875						
	445.900						
	445.925						
	445.950						
	445.975						
65	446.000				<b>King Co. SAR sec.</b>	Nat'l calling frequency	
66	446.025				<b>Med. Services sec.</b>		
67	446.050				<b>Med. Services N. sec.</b>		

Ch.	Rx Freq.	Tx Freq.	PL	Call	Location	Comments	Signal
68	446.075				<i>Med. Services S. sec.</i>		
	446.100						
69	446.125				<i>Fire Zone 3 secondary</i>		
70	446.150				<i>Renton secondary</i>		
71	446.175				<i>Fire Dist. 40 secondary</i>		
	446.200						
	446.225						
72	446.250				<i>Maple Valley secondary</i>		
73	446.275				<i>Kent secondary</i>		
	446.300						
74	446.325				<i>Auburn secondary</i>		
	446.350						
75	446.375				<i>Black Diamond sec.</i>		
76	446.400				<i>Enumclaw secondary</i>		
	446.425						
	446.450						
	446.475						
77	446.500				<i>Fire Zone 4 secondary</i>	<i>Snohomish secondary</i>	
	446.525						
	446.550						
	446.575						
	446.600						
	446.625						
	446.650						
	446.675						
	446.700						
	446.725						
	446.750						
78	446.775				<i>White Center sec.</i>		
79	446.800				<i>Burien secondary</i>		
	446.825						
80	446.850				<i>SeaTac secondary</i>		
81	446.875				<i>Normandy Park sec.</i>	<i>Tukwila secondary</i>	
82	446.900				<i>Fed. Way secondary</i>		
	446.925						
	446.950						
	446.975						