

The PARC S-Meter

An Electronic Newsletter of the
Panoramaland Amateur Radio Club
PO Box 7
Colville, WA 99114



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Club Website: www.qsl.net/k7jar

S-Meter e-mail: parcnews@hotmail.com

Club Repeater: Output 146.62 MHz; Input 146.02 MHz, No Tone

Next Meeting 7:30 p.m. Friday February 15th 2013

Meeting QTH is: **Hawthorne and Walnut St.**

(Across from the city park and Colville Junior High School)



Don't forget the eating before the meeting at Rancho Chico 6:00pm

First Saturday of each month join the group for breakfast Chewelah Casino 9:00 am

CLUB NET: Sunday Evenings 8:00p.m. Local

From Our President



February is here again as it does every year and I'm looking forward to warmer days and camping!

Let's remember that our March meeting is our annual Auction, so clean out the Ham shacks, garages and closets and let someone else enjoy what might come out of them for a year!

Also, a reminder that our February meeting will have a special presentation by a Sheriff Deputy, and either a Deputy Prosecutor or Mr. Jim Irwin Attorney at Law, they will be speaking on your legal rights involving fire arms.

Be seeing you soon,
Jim WW7DD



Happenings from our January meeting...

It was good to see 24 people attend our first meeting of the New Year --- some new faces and some not so new.

Treasurer's Report: \$6503.70

Ares Report: Dave just reminding us of the Washington State Emergency Net can be heard on 3985 kHz at 0900 hours on Saturday and at 1730 hours on Mondays. All are welcome to check in when Stevens County is called.

PARC Net: George was out sick.

Announcements

- **"Ham of the Year" – George W7WBN....** George wasn't feeling well, so he could not be at the meeting to accept his award. With all listening, President Jim called George via radio, the announcement made, and applause given to George. Thank you George for your continued contribution to the club and Ham Radio.
- **February Meeting** - President Jim has arranged for two speakers to attend: A rep from the Sheriff's office and a local Attorney. They will discuss gun safety and your legal rights as it pertains to weapon use. As always, guests are welcome to attend. You do not have to be a club member.
- **Spring Auction** – coming in March, so start cleaning out your ham shack, garage, office, spare room, etc....
- Puyallup Electronics Show and Flea Market is March 9th.
- Randy has HRO tickets for sale \$1 each and club patches for \$5.00 each.
- Contest Award Randy and Diane Jones took first place, low power, for Eastern WA 2011, 10-meter contest. Keep up the good work!
- Mt. Carmel Hospital has free CPR classes. Copies of dates were made available.

New Business

Motion was made by Wilse for \$200.00 seed money for the Spokane Ham fest. Gimmie seconded. Motion passed by club majority. The seed money pays for upfront costs of the Ham fest. Profits of the Ham fest are disbursed by the Spokane DX club. The seed money usually yields a profit, which is put into PARC General Fund.

☀☀☀☀☀ **Website reminder** – Do you know PARC has a website? www.qsl.net/k7jar. Check us out!

PARC Net Raffle Winner – No Raffle George out sick!
See you at our next meeting February 15th

Cynthia, Secretary WW7CA

ARES report by Dave - WD7K



ARES Net is every Sunday at 7:45pm local. The Stevens County ARES net can be heard on the 146.620 repeater located SW of Colville on Monumental Mountain and, when linked, the 147.060 repeater (which has a PL tone of 77.0) located NW of Spokane on Lookout Point.

The Washington State Emergency Net (WSEN) can be heard on 3985 kHz at 0900 hours on Saturdays and at 1730 hours on Mondays. All are welcome to check in when Stevens County is called.

Dave Klimas - WD7K
Stevens County ARES
Emergency Coordinator
(509) 738-6876 wd7k@arrl.net

PARC BIO – January 2013 – sorry nobody stepped forward this month.

**Where is he? Alberto is still in Okinawa Japan.
His staff Sergeant put in for Alberto to get
meritoriously promoted to Lance Corporal!**

**So keep our fingers crossed for him – results should be posted
by the end of February.**

**He's off the 24 hr on and 24 hr off job schedule and he is glad.
He also started college, just taking one class this quarter –
speech! Figure's, he does like to talk. He is working towards
a four year degree in Criminal Justice.**



Christmas Parade at Kinser Base Okinawa Japan

If you have a loved one you would like featured here, just send me the info!



WILSE'S WIDE WORLD OF RADIO SPORT AND DX 01/13

According to a graph I am looking at in CQ Magazine Solar Cycle 24 may have reached its peak and is on its way down. This is not good news. Band conditions will now began to deteriorate. Cycle 24 has been the worst cycle in recorded history. However, some of the propagation experts think it may have a double peak. I hope so! Contesting and chasing DX is much more fun with good band conditions.

I made use of the “Grey Line” the other evening and worked JT5DX in Mongolia. You can work Mongolia any day of the week on 20 and 15 meters. I worked him on 40 meters which is not easy to do. He popped up on the VE7CC DX cluster and I tuned to his frequency and his signal was S-8 on the S-Meter the “Grey Line” takes place about one hour before sunset and one hour after sunset. The “Grey Line” is a band around the earth that separates daylight from darkness. Propagation along the “Grey Line” is very efficient. One major reason for this is that the D layer, which absorbs HF signals, disappears rapidly on the sunset side of the “Grey Line”, and it has not yet built upon the sunrise side. Ham Radio Operators can optimize long distance communications to various areas of the world by monitoring this band as it moves around the globe.

At the club meeting Dave WD7K announced that the North American QSO Party (NAQP) SSB would take place the next day for 10 hours. He asked you HF folks to get on and give out a few points. I hope some of you did. I worked the contest and have my log turned into the contest committee. The NAQP CW contest was the weekend before I worked that one also. The CQ World Wide 160 meter CW contest was the 25th, 26th and 27th of January. 160M is a night time band so you need to stay up till midnight or later to make contacts. The high light of this contest was that I worked Delaware (AA1K) for the last state I needed for my WAS on 160 meters. This project has taken several years.

The CQ WPX RTTY Radio sport will be held Feb. 9th and 10th it is a 48 hour contest. Last year the team made 1366 Q's. This year band conditions may be a problem and prevent a high score. Why not come over and join us for some great amateur radio fun as an observer or as an operator. It is all done on the keyboard 8 function keys and one finger.

Look for this DX: Maldives 8Q7AK Feb 01 to Feb 28, Rotuma 3D2 Feb 08 to Feb 21, Guinea Bissau J52HF Feb 10 to March 02, Uganda 5X8C Feb 08 to Feb 25.

Please remember the annual club auction will be held at the March club meeting.

Log Book of the World (LOTW)

474,133,758 QSO records are in the system.

55009 Amateurs are now using the system. Are you one? WHY NOT!!

There have been 13,439,174 Q's added to the system since last month.

This many QSO's in one month indicate to me that there are active amateurs out there who are proud of their call sign and have overcome the many hurdles to become a competent amateur operator. Why don't you join them? There is a lot more to ham radio then net checking and the 2 meter trap.

73 Wilse WX7P 509-738-4248 wx7p@arrl.net SKYPE=WX7PDX



PARC Sunday Night Net

By: George Knudtson

- Participation in the Sunday Night Net has been picking up.
- We have started a new procedure to help increase the Net activity.
- We enter the call sign of all Sunday Night Net participants on a raffle ticket to be drawn at the next monthly club meeting.
- The winner will receive ten dollars worth of HRO raffle tickets.
- All members and visitors that personally check in to the Sunday Night Net are eligible for the drawing. Also, the winner of the drawing must be present at the meeting. If not, another ticket will be drawn until we have a winner.
- Please pass the word to other hams in the area to help increase the Net participation.
- If you have any questions, please contact George W7WBN at audax@gotsky.com.

More Christmas Party Photo's.....



Hey Mister – “Can I have my candy back?”
(Bruce KC7H with Eli & Jillian Fazio)



Randy N7CKJ - Balance it later - it's time to party!



Jim WW7DD and Cynthia WW7CA –decorating that winning table!



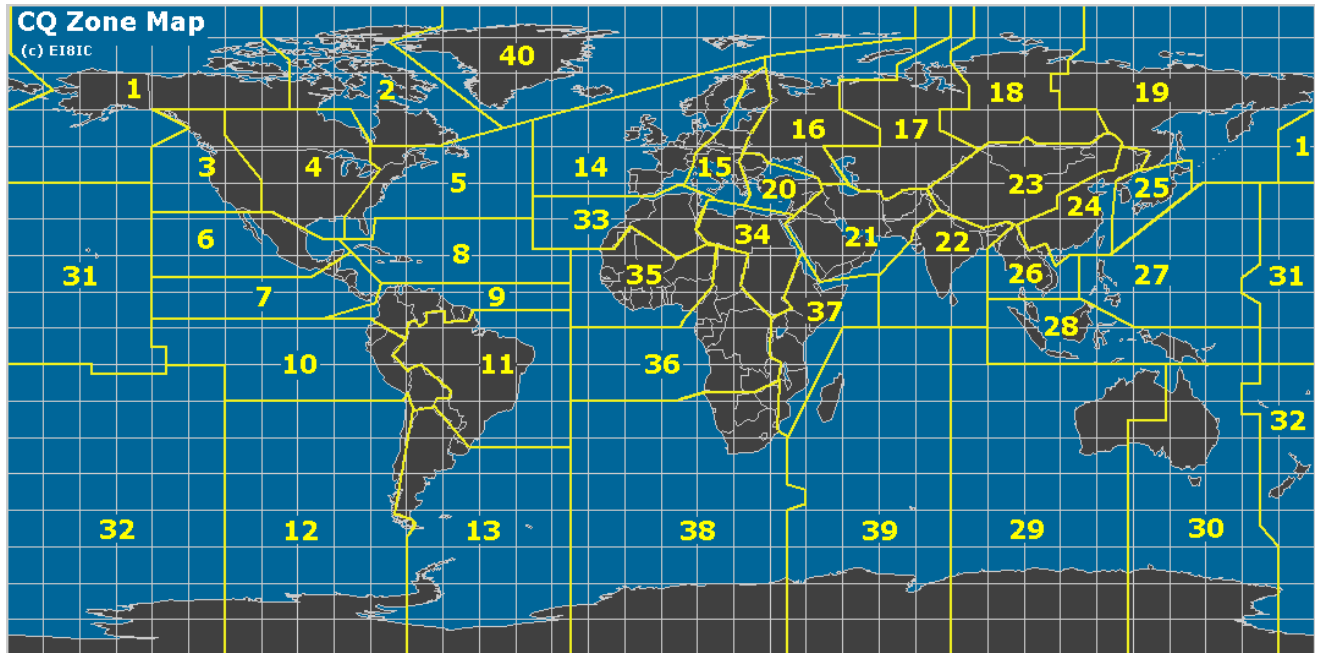
Bellies are full - time for good conversation!



Good turn-out
for PARC
annual
Christmas
Party 2012

Thanks for the
photo's John
KL7LL and
Cynthia
WW7CA

Do you know your Radio Zones - Check out North and Central America



Zone 1. Northwestern Zone of North America: **KL** (Alaska), **VY1** Yukon, **VE8** the Northwest and **VY0** Nunavut Territories west of 102 degrees (Includes the islands of Victoria, Banks, Melville, and Prince Patrick).

Zone 2. Northeastern Zone of North America: **VO2** (Labrador), the portion of **VE2** Quebec north of the 50th parallel, and Nunavut Territories east of 102 degrees (Includes the islands of King Christian, King William, Prince of Wales, Somerset, Bathurst, Devon, Ellesmere, Baffin and the Melville and Boothia Peninsulas, excluding Akimiski Island, Bear Islands and East Pen Island in Hudson Bay).

Zone 3. Western Zone of North America: **VE7** (British Columbia), **W6**, and the **W7** states of Arizona, Idaho, Nevada, Oregon, Utah, and Washington.

Zone 4. Central Zone of North America: **VE3** (Ontario), **VE4** (Manitoba), **VE5** (Saskatchewan), **VE6** (Alberta), **VY0** Akimiski Island, and Bear Islands, and Fox Island and East Pen Island in Hudson Bay. The **W7** states of Montana and Wyoming, **W0**, **W9**, **W8** (except West Virginia), **W5**, and the **W4** states of Alabama, Tennessee, and Kentucky.

Zone 5. Eastern Zone of North America: **4U1UN**, **CY9** (St. Paul Is.), **CY0** (Sable Is.), **FP** (St. Pierre Miquelon), **VE1** (Nova Scotia) and **VE9** (New Brunswick), **VY2** (Prince Edward Is.), **VO1** (Newfoundland) and the portion of **VE2** Quebec south of the 50th parallel. **VP9** (Bermuda), **W1**, **W2**, **W3** and the **W4** states of Florida, Georgia, South Carolina, North Carolina, Virginia and the **W8** state of West Virginia.

Zone 6. Southern Zone of North America: **XE** (Mexico), **XF4** (Revilla Gigedo).

Zone 7. Central American Zone: **FO** (Clipperton), **HK0** (San Andres Is.), **HP** (Panama), **HR** (Honduras), **TG** (Guatemala), **TI** (Costa Rica), **TI9** (Cocos Is.), **V3** (Belize), **YN** (Nicaragua) and **YS** (El Salvador).

Calendar of Events



February

- ❖ 2nd Triathlon RTTY – SSB CW Contest and Mexico International
- ❖ 3rd North American CW Sprint
- ❖ 3rd Sunday Night Net – [Net Control Operator](#) – Cynthia WW7CA
- ❖ 8th QRP Fox Hunt 80 meters
- ❖ 9th CQ World Wide WPX RTTY Contest
- ❖ 10th Sunday Night Net – [Net Control Operator](#) – Jim WW7DD
- ❖ 11th ARRL School Club Roundup
- ❖ 13th Ash Wednesday – On this day in 1943 The U.S.M.C. Women’s Reserve was formed.
- ❖ 14th **Valentine’s Day**
- ❖ 15th **PARC Club Meeting 7:30 in Colville (Cynthia brings snacks)**
- ❖ 16th ARRL International CW DX Contest
- ❖ 17th North American SSB Sprint
- ❖ 17th Sunday Night Net – [Net Control Operator](#) – George W7WBN
- ❖ 18th Run for the Bacon QRP Contest
- ❖ 18th President’s Day
- ❖ 22nd CQ World Wide Contest 160 meters SSB
- ❖ 23rd North American RTTY QSO Party
- ❖ 23rd Grays Harbor Amateur Radio Club Ham Fest in Elma, WA
- ❖ 24th Sunday Night Net – [Net Control Operator](#) – Courtney KE7ZDL

March

- ❖ 2nd ARRL SSB DX Contest
- ❖ 3rd Sunday Night Net – [Net Control Operator](#) – Donna KF7UIM
- ❖ 4th In 1801 The Marine Band performed at a Presidential Inauguration for the first time.
- ❖ 9th Puyallup Ham Fest - **Website:** <http://www.mikeandkey.org>
- ❖ 9th Set Those clocks back tonight – Daylight Saving time Begins on Sunday
- ❖ 10th Sunday Night Net – [Net Control Operator](#) – Cynthia WW7CA
- ❖ 15th **PARC Club Meeting 7:30 in Colville (Auction) (Gimmie brings snacks)**
- ❖ 17th Sunday Night Net – [Net Control Operator](#) – Jim WW7DD
- ❖ 17th **St. Patrick’s Day**
- ❖ 20th First Day of spring!
- ❖ 23rd Micro Hams Digital Conference 2013 – Redmond WA
- ❖ 24th Sunday Night Net – [Net Control Operator](#) – George W7WBN
- ❖ 29th Good Friday
- ❖ 30th CQ WW WPX SSB Contest
- ❖ 31st Sunday Night Net – [Net Control Operator](#) – Courtney KE7ZDL
- ❖ 31st **Easter Sunday**



- Calendar of events will be an ongoing part of the news letter, submit your dates to parcnews@hotmail.com

Recipe for the Month

Pronto Saucy Beef Pasta Skillet

4 cups Penne Rigate - uncooked
1 ea Medium Onion Sliced
1 ea Medium green pepper, chopped
8 oz Mushrooms sliced
 $\frac{1}{2}$ cup Cheez Whiz Cheese Dip
1 lb Boneless beef sirloin steaks cut into thin strips
 $\frac{1}{4}$ cup Kraft Balsamic Vinaigrette Dressing, divided
1 can Stewed Tomatoes (14 $\frac{1}{2}$ oz) undrained

1. Cook pasta as directed on package
2. Meanwhile, cook and stir steak in 2 tbsp. of the dressing in a large skillet on medium high heat for 2 minutes or until steak is browned on all sides.
3. Stir in tomatoes with their liquid, the onions, peppers, mushrooms and remaining dressing.
4. Bring to a boil
5. Reduce heat to a simmer for 10 minutes or until onions and peppers are crisp-tender.
6. Remove from heat
7. Top with Cheez Whiz, cover
8. Let stand 2 to 3 min. or until Cheez Whiz is melted
9. Serve over hot drained pasta or just mix the pasta right in to serve.

(Special Tip: Add $\frac{1}{4}$ cup dry white wine along with tomatoes)
Serve with a homemade loaf rye bread!

Maybe we can get Bert to share her bread story next month? With pictures too.

Share your favorite recipe parcnews@hotmail.com

Or better yet try changing up this recipe and let us know how it went and what you did?

HAPPY VALENTINE'S DAY!