INTERNATIONAL BROADCASTING

kHz	Wave	Notes
153 – 279	Long Wave	Region 1 only.
526.5 – 1606.5	Medium Wave	Better nighttime, especially in winter months.
2300 – 2495	120 m	Mostly used locally in tropical regions.
3900 – 4000	75 m	Mostly used in the Eastern Hemisphere.
5900 – 6200	49 m	Good year-round night band; daytime reception poor.
7200 – 7450	41 m	Reception varies by region; reasonably good night reception.
9400–9900	31 m	Heavily used band. Good year-round night band; seasonal during the day, best reception in
		winter.
11600 – 12100	25 m	Generally best during summer and the period before and after sunset year-round.
13570 – 13870	22 m	Substantially used in Eurasia. Similar to the 19 m band; best in summer.
15100 – 15800	19 m	Day reception good, night reception variable; best in summer.
17480 – 17900	16 m	Day reception good; night reception varies seasonally, with summer best.
21450 – 21850	13 m	Erratic daytime reception, with very little night reception. Similar to 11 metres.
25600 - 26100	11 m	Seldom used. Daytime reception poor in the low solar cycle, but potentially excellent when
		the solar cycle is high. Nighttime reception nonexistent, except for local groundwave
		propagation.